

North Adelaide Heritage Group

EST 1989

Breakfast Menus

Available in all suites for eating anytime at your leisure.

24 hours confirmed notice is required for breakfast orders.

We can arrange for low fat, vegan, kosher - whatever you require-please advise at the time of booking.

Light Continental Breakfast (Provisions)

Juice:- 1 litre 100% Australian Juice with no preservatives or additives. (Apple/Orange/Tropical)

Cereal Basket:- Minimum 4 varieties of the following:-Barossa Valley Organic Muesli; Kellogg's Sultana Bran; Sanitarian Weet-bix; Kellogg's Corn Flakes; Kellogg's Sustain (Hi energy, low fat);

Uncle Toby's Sports Plus (Hi energy, low fat);

Kellogg's Just Right (Corn, honey & fruit); Uncle Toby's Fibre Plus (Fruit Flakes & Bran); All Bran

Tea:- Minimum of 2 varieties:- Twinings: - Earl Grey; English Breakfast; Irish Breakfast; Herbal Teas;

Harris:- Regular Blend

Coffee:- Harris Parisian Perculated Blend, Dutch Moccona Instant Coffee

Milk:- ½ a litre of full cream milk / 2 x UHL 150ml milk

Butter:- Australian butter.

Bakery Basket:- selection of Croissants or Muffins or a ½ loaf freshly baked sliced bread from local "Village Bakehouse" Melbourne St & "Bakery on O'Connell" on O'Connell Street.

Jam:- Pots of Berenberg of Hahndorf Jams - (minimum. selection of 3) including Fig, orange, strawberry, blackberry, apricot, Satsuma plum, marmalade, blue gum honey;

Vegemite:- indigenous Australian spread with concentrated yeast extract made by Kraft.

Fruit bowl:- Fresh local fruit - Apple/orange, or apple/banana or orange/banana

Yoghurt:- 2 portions of 'Yoplait' or 'Vaalia' flavoured yoghurt

European Breakfast (Provisions)

As per our continental breakfast

PLUS a selection of mini European cheeses, ham or salami, free range eggs & Adelaide Hills gourmet tomatoes.

Hearty English Breakfast (Provisions)

As per our continental breakfast

PLUS free range eggs, 4 rashers of farm fresh juicy South Australian bacon from our friendly local butcher O'Connell Street & Adelaide Hills gourmet tomatoes.

A La Carte Breakfasts in North Adelaide

"BAKERY ON O'CONNELL"

44 O'Connell Street Phone: 8361 7377 for juices, milks, Danish's coffee, toasted sandwiches, pies, pasties, "Buxton buns",

"Fire Engine Cakes" and a host of fabulous bakery products. Ask for Tony. Open 24 hrs.

"SCUZZI"

97 O'Connell Street Phone: 8239 2233 for Coffee, toast, eggs & bacon, Omelettes & Champagne.

All these Cafes are a lovely 300 yard walk past some of the most significant private heritage listed stately homes and gardens in Adelaide, through verdant Wellington Square and along the Historical High Street of Tynte Street, with a delight of largely 1880 boom time heritage listed buildings.

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